

Menus for



Summer 2023

This institution is an equal opportunity provider. Menus are subject to change.

Seaford School District

Seaford Meadows	11:00 -11:20
Dove Estates in Concord	11:10 -11:30
Clarence Street Church of God	11:25 -11:45
Mobile Gardens	11:40 -12:00
Seaford Library	11:50 -12:10
Blades Park	12:10 -12:30
Meadowbridge Apartments	12:20 -12:40
St. Johns UMC	12:35 -12:55
Seaford Community Swim Center	12:45 -1:05



SUMMER MEALS! ALL KIDS EAT FREE!

Must be 18 or under for free meals.

Seaford High Cafeteria open for
Breakfast
8-9:00 am

Please call 302-629-4587 for more info, or go to
www.seafordbluejays.org

Available Daily

Breakfast
Asst. Cereal or Yogurt
1% Unflavored or Fat Free Chocolate Milk

Lunch
Large PBJ Uncrustable
Yogurt w/ Cheesestick & Goldfish Cracker
1% Unflavored or Fat Free Chocolate Milk

Monday, June 26

Breakfast
Breakfast Bar
Asst. Fruit Variety

Lunch
Cheeseburger
Frozen Fruit Cup
Mixed Vegetables
Milk

Tuesday, June 27

Breakfast
Asst. Bread Slices
Asst. Fruit Variety

Lunch
Chicken Sandwich
Side Kick Icy
Green Beans
Milk

Wednesday, June 28

Breakfast
Asst. Toasted Pastry
Asst. Fruit Variety

Lunch
Papa John's Pizza
Fresh Fruit
Carrot Coins
Milk

Thursday, June 29

Breakfast
Pigglestick
Asst. Fruit Variety

Lunch
Beef Nachos w/ Cheese
Frozen Fruit Cup
Salsa Cup
Milk

Friday, June 30

Breakfast
Asst. Cereal
Asst. Fruit Variety

Lunch
Ham & Cheese on Bun
Applesauce Cup
Baby Carrots w/ LF Dip
Milk

Tuesday, June 20

Breakfast
Asst. Bread Slices
Asst. Fruit Variety

Lunch
Chicken Nuggets
Side Kick Icy
Oven Fries
Milk

Wednesday, June 21

Breakfast
Breakfast Bun
Asst. Fruit Variety

Lunch
Papa John's Pizza
Fresh Fruit
Corn
Milk

Thursday, June 22

Breakfast
Pigglestick
Asst. Fruit Variety

Lunch
Beef Nachos w/ Cheese
Frozen Fruit Cup
Salsa Cup
Milk

Friday, June 23

Breakfast
Asst. Cereal
Asst. Fruit Variety

Lunch
Turkey & Cheese on Bun
Applesauce Cup
Baby Carrots w/ LF Dip
Milk

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Tuesday, July 3

Breakfast

Applebites
Asst. Fruit Variety

Lunch

Beef Hot Dog
Frozen Fruit Cup
Baked Beans
Milk

Tuesday, July 4

**CLOSED IN
OBSERVANCE OF THE
JULY 4TH HOLIDAY**



Wednesday, July 5

Breakfast

Breakfast Bun
Asst. Fruit Variety

Lunch

Papa John's Pizza
Fresh Fruit
Corn
Milk

Thursday, July 6

Breakfast

Piggletstick
Asst. Fruit Variety

Lunch

Beef Nachos w/ Cheese
Frozen Fruit Cup
Salsa Cup
Milk

Friday, July 7

Breakfast

Asst. Cereal
Asst. Fruit Variety

Lunch

Turkey & Cheese on Bun
Applesauce Cup
Baby Carrots w/ LF Dip
Milk

Available Daily

Breakfast

Asst. Cereal or Yogurt
1% Unflavored or Fat Free Chocolate Milk

Lunch

Large PBJ Uncrustable
Yogurt w/ Cheesestick & Goldfish Cracker
1% Unflavored or Fat Free Chocolate Milk

Monday, July 10

Breakfast

Breakfast Bar
Asst. Fruit Variety

Lunch

Cheeseburger
Frozen Fruit Cup
Mixed Vegetables
Milk

Tuesday, July 11

Breakfast

Asst. Bread Slices
Asst. Fruit Variety

Lunch

Chicken Sandwich
Side Kick Icy
Green Beans
Milk

Wednesday, July 12

Breakfast

Asst. Toasted Pastry
Asst. Fruit Variety

Lunch

Papa John's Pizza
Fresh Fruit
Carrot Coins
Milk

Thursday, July 13

Breakfast

Piggletstick
Asst. Fruit Variety

Lunch

Beef Nachos w/ Cheese
Frozen Fruit Cup
Salsa Cup
Milk

Friday, July 14

Breakfast

Asst. Cereal
Asst. Fruit Variety

Lunch

Ham & Cheese on Bun
Applesauce Cup
Baby Carrots w/ LF Dip
Milk

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Tuesday, July 17

Breakfast

Applebites
Asst. Fruit Variety

Lunch

Beef Hot Dog
Frozen Fruit Cup
Baked Beans
Milk

Tuesday, July 18

Breakfast

Asst. Bread Slices
Asst. Fruit Variety

Lunch

Chicken Nuggets
Side Kick Icy
Oven Fries
Milk

Wednesday, July 19

Breakfast

Breakfast Bun
Asst. Fruit Variety

Lunch

Papa John's Pizza
Fresh Fruit
Corn
Milk

Thursday, July 20

Breakfast

Pigglegstick
Asst. Fruit Variety

Lunch

Beef Nachos w/ Cheese
Frozen Fruit Cup
Salsa Cup
Milk

Friday, July 21

Breakfast

Asst. Cereal
Asst. Fruit Variety

Lunch

Turkey & Cheese on Bun
Applesauce Cup
Baby Carrots w/ LF Dip
Milk

Available Daily

Breakfast

Asst. Cereal or Yogurt
1% Unflavored or Fat Free Chocolate Milk

Lunch

Large PBJ Uncrustable
Yogurt w/ Cheesestick & Goldfish Cracker
1% Unflavored or Fat Free Chocolate Milk

Monday, July 24

Breakfast

Breakfast Bar
Asst. Fruit Variety

Lunch

Cheeseburger
Frozen Fruit Cup
Mixed Vegetables
Milk

Tuesday, July 25

Breakfast

Asst. Bread Slices
Asst. Fruit Variety

Lunch

Chicken Sandwich
Side Kick Icy
Green Beans
Milk

Wednesday, July 26

Breakfast

Asst. Toasted Pastry
Asst. Fruit Variety

Lunch

Papa John's Pizza
Fresh Fruit
Carrot Coins
Milk

Thursday, July 27

Breakfast

Pigglegstick
Asst. Fruit Variety

Lunch

Beef Nachos w/ Cheese
Frozen Fruit Cup
Salsa Cup
Milk

Friday, July 28

Breakfast

Asst. Cereal
Asst. Fruit Variety

Lunch

Ham & Cheese on Bun
Applesauce Cup
Baby Carrots w/ LF Dip
Milk

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Tuesday, July 31

Breakfast

Applebites
Asst. Fruit Variety

Lunch

Beef Hot Dog
Frozen Fruit Cup
Baked Beans
Milk

Tuesday, August 1

Breakfast

Asst. Bread Slices
Asst. Fruit Variety

Lunch

Chicken Nuggets
Side Kick Icy
Oven Fries
Milk

Wednesday, August 2

Breakfast

Breakfast Bun
Asst. Fruit Variety

Lunch

Papa John's Pizza
Fresh Fruit
Corn
Milk

Thursday, August 3

Breakfast

Piggletstick
Asst. Fruit Variety

Lunch

Beef Nachos w/ Cheese
Frozen Fruit Cup
Salsa Cup
Milk

Friday, August 4

Breakfast

Asst. Cereal
Asst. Fruit Variety

Lunch

Turkey & Cheese on Bun
Applesauce Cup
Baby Carrots w/ LF Dip
Milk

Available Daily

Breakfast

Asst. Cereal or Yogurt
1% Unflavored or Fat Free Chocolate Milk

Lunch

Large PBJ Uncrustable
Yogurt w/ Cheesestick & Goldfish Cracker
1% Unflavored or Fat Free Chocolate Milk